



## **Annapurna Circuit Trek - Overview**

Duration : 14D

Destination : Nepal

Group Size : Any Private Group

Transportation : Trek

Activity : Trekking

Best Season : All

Accommodation : Hotel

Meals : Breakfast/Lunch/Dinner

## **Annapurna Circuit Trek - Itinerary**

### **Day 1: Arrival in Kathmandu**

Upon your arrival at Kathmandu, you will be met by a representative of your trekking agency and transferred to your hotel.

### **Day 2: Drive to Besishahar and then to Chamje (1,410m)**

After breakfast, we drive to Besishahar and then take a jeep to Chamje. This is the starting point of our trek.

### **Day 3: Chamje to Dharapani (1,960m)**

We trek through lush forests and several small villages to reach Dharapani, a village located at the intersection of the Annapurna Circuit and the Manaslu trek.

### **Day 4: Dharapani to Chame (2,710m)**

We continue our trek through dense forests, waterfalls, and scenic mountain landscapes to reach the town of Chame, which is the administrative headquarters of the Manang district.

### **Day 5: Chame to Pisang (3,300m)**

The trail climbs up to Pisang through the pine forest and offers stunning views of Annapurna II and Pisang Peak.

### **Day 6: Pisang to Manang (3,540m)**

We continue our trek to Manang, where we will spend two nights to acclimatize. Along the way, we will pass through the village of Braga, which is famous for its ancient monastery.

### **Day 7: Rest day in Manang**

This is a rest day in Manang. We will explore the village and enjoy the stunning views of the Annapurna range.

### **Day 8: Manang to Yak Kharka (4,110m)**

We continue our trek from Manang to Yak Kharka, a small settlement located at the base of Thorong La Pass.

### **Day 9: Yak Kharka to Thorong Phedi (4,600m)**

We trek to Thorong Phedi, the base camp for crossing the Thorong La Pass. This will be a challenging day as we gain significant elevation.

### **Day 10: Thorong Phedi to Muktinath (3,800m) via Thorong La Pass (5,416m)**

We start our day early and cross the Thorong La Pass, the highest point of the trek. After crossing the pass, we will descend to Muktinath, a sacred Hindu and Buddhist pilgrimage site.

### **Day 11: Muktinath to Jomsom (2,720m)**

We trek downhill to Jomsom, a popular town in the Annapurna region known for its apple orchards and the strong winds that blow through the Kali Gandaki Valley.

### **Day 12: Fly to Pokhara**

We take an early morning flight from Jomsom to Pokhara, a beautiful lakeside city that is a popular tourist destination.

### **Day 13: Drive to Kathmandu**

We take a scenic drive from Pokhara to Kathmandu, where we will spend our final night.

### **Day 14: Departure from Kathmandu**

We will transfer you to the airport for your flight back home or to your next destination.

## **Annapurna Circuit Trek - FAQs**

## **1. What is the Annapurna Circuit Trek?**

The Annapurna Circuit Trek is a popular trekking route in the Annapurna region of Nepal. It typically takes around 14 to 21 days to complete and covers a distance of approximately 160 to 230 kilometers.

## **2. What is the best time to do the Annapurna Circuit Trek?**

The best time to do the Annapurna Circuit Trek is from March to May (spring) and September to November (autumn) when the weather is dry and visibility is good. However, it's still possible to do the trek during other times of the year, but you should be prepared for possible rain and snow.

## **3. What is the difficulty level of the Annapurna Circuit Trek?**

The Annapurna Circuit Trek is considered a moderate to challenging trek, with altitudes reaching over 5,400 meters. It requires a good level of fitness and previous trekking experience is recommended.

## **4. What is the maximum altitude reached during the Annapurna Circuit Trek?**

The highest point on the Annapurna Circuit Trek is the Thorong La Pass, which is at an altitude of 5,416 meters.

## **5. What permits are required for the Annapurna Circuit Trek?**

You will need an Annapurna Conservation Area Permit (ACAP) and a Trekkers' Information Management System (TIMS) card. These can be obtained in Kathmandu or Pokhara.

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