

## Fewa Lake – Stand Up Paddle Boarding - Overview

Duration : 1 D

Destination : Fewa Lake

Group Size : Any Private Group

Transportation : Tourist Bus

Activity : Rafting

Best Season : All

Accommodation : Hotel

Meals : Breakfast/Lunch/Dinner

## Fewa Lake – Stand Up Paddle Boarding - Itinerary

### Day 1: Pick up from lake side.

Once picked up from the lakeside area you will be taken to Phewa lake or Begnas lake where the SUP takes place.

### Day 2: Briefing about the SUP and also they will explain all the safety measures.

Upon reaching the designated area you will be briefed about the activity thoroughly and also they will explain the safety procedure.

### Day 3: Return to the lake side area.

After finishing the SUP activity you will be dropped back to lake side area.

## Fewa Lake – Stand Up Paddle Boarding - FAQs

### 1. How much does paddle boarding cost in Pokhara?

One-hour costs 500NPR, and a second hour costs 700NPR, which seems quite reasonable.

### 2. How safe is stand up paddle boarding?

Although stand up paddle boarding is generally considered a safe sport, anything that involves water can become inherently dangerous if safe practice isn't followed. Having a safety conscious mind-set before you approach the board and hit the water is a good way to avoid potential dangers once you're out there

### **3. What should you not do when paddle boarding?**

DON'T leave your board dirty. ...

DON'T leave your board exposed to sun. ...

DON'T store your board incorrectly. ...

DON'T drag your board. ...

DON'T transport your board without a bag. ...

DON'T paddle in shallow waters. ...

DON'T forget your fins.

### **4. Why do people love paddle boarding?**

Paddle boarding is relatively easy to learn and most people can be up and paddling within an hour or so. 4. Paddle boarding is a great way to relax and de-stress. Being out on the water can help to clear your mind and give you some time to unwind.

### **5. What are 3 important paddle boarding tips?**

- Know How to Swim. ...
- Practice on Solid Ground First. ...
- Stand to Your Feet in One Fluid Motion. ...